

Jeffrey J. Smith, M.D.

F.A.C.O.G., F.A.C.S.
Gynecologic Oncology & Gynecologic Surgery

Pre-Op Care

Please report to the hospital/surgery center 2 hours before your surgery time unless otherwise instructed by the facility.

Special Instruction:

For smokers, please STOP SMOKING 1 week prior to your procedure. This will allow better healing of the tissues and assist in the prevention of potential post-operative problems. If you need assistance in stopping smoking, please notify us so we can prescribe an alternative for you during your preoperative and postoperative time.

If you are on an anticoagulant (blood thinner) please inform Dr. Smith or his staff. Some types of these medications need to be stopped 7-10 days before surgery. You will be given specific instructions regarding these medications.

Do Not STOP taking your blood pressure or heart medications without specific instructions. These may be taken with a small sip of water the morning of your surgery.

If you are diabetic, please do not take your insulin the morning of surgery unless otherwise instructed by Dr. Smith or the anesthesiologist.

The morning before your surgery PLEASE bathe with HIBICLENS and be sure to wash your perineal area very thoroughly. This will help reduce the risk of infection. * Hibiclens can be found at Walgreens and Wal-Mart.

- You are to begin a clear liquid diet and BOWEL PREP the day prior to procedure
- You are to use 2 Fleets enemas prior to going to the hospital



***Clear liquids are considered liquids that you can see through. Here are some examples: Boullions, broths, 7-up, sodas, Gatorade, tea, coffee apple juice, cranberry juice, lemonade **without** pulp, popsicles, ice chips, snow cones, ice, slush **without** fruit, and jello **without** fruit.

Things that are **not** on a clear liquid diet are: puddings, tapioca, mashed potatoes, tomato juice, coffee with cream, gravy, v-8, milk, fudgesicles, juices with pulp, orange juice, and ice cream.***For questions please call 405-470-6767.

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For questions please call 405-470-6767 and ask for the nurse.